



# Chichester CURSILLO®

Registered Charity No 1099668

@Cursillo Reg. US Pat. Office

Affiliated with British Anglican Cursillo Council

## SPRING NEWSLETTER 2007

Dear Friends,

It does not seem possible that my 3 years as Lay Director has nearly come to an end. Jane and I have both been involved with Cursillo in Chichester since the very early days, and it has been a great joy to see it grow, to meet so many nice people from around the Diocese, and to see Cursillo make such a difference to so many.

One should not look back, but the one notable event over the last 3 years was the UK Ultreya, where the whole Cursillo community came together to make it such a great day. The planning was spot on, the Lord ensured that the hall was just large enough, and that there was just the right number of seats available!

Looking to the future, under the leadership of the new Lay Director (you will have to wait for the AGM for the name!), and the encouragement and support of Father Norman, our Spiritual Director, I am certain Cursillo will move on from strength to strength, as new ideas and directions are explored.

As to my future, at the last Ultreya you heard that I have become involved with Men's ministry in Ferring over the last few years, and I see that this will take up more of my time in the future.

As a suggestion for Study and Action, if you know a man that finds it difficult to read the Bible, then buy him 'The Blokes Bible'. I thoroughly recommend it.

May God's Blessing be with you all in your fourth day.

**Mark**

### Greetings to you all from Fr Norman

It seems a long time now since Christmas, but I hope you all had a great time celebrating the birthday of our Saviour. Having just enjoyed the Feast of our Lord's Presentation, we now look ahead to Lent and to our journey with Christ through the season and into Holy Week and Easter. I do commend this time to you and my prayer is that we shall all make a special effort to renew our commitment to Jesus through the extra study times which our parishes provide for us.

I was recently reading an article which suggested 10 things to take up for Lent rather than give up: Here are some of them.....

- Prayer – precious prayer time is often hard to find, but close the door on your busy life for 10-15 minutes each day.
- Fasting and Abstinence – this has a long history in the Church and may help us prepare better for Easter.
- Almsgiving – give to projects and causes which support our brothers and sisters in the southern hemisphere. Christian Aid, TEAR Fund, Cafod.
- Live simply – look at our lifestyle...are there things which we can change and simplify?
- Sacrament of Reconciliation – try it if you haven't done so already, and experience the healing touch of Christ.
- Read the Bible – try reading John's account of our Lord's Passion (John 18-21) each week to deepen your understanding of the Cross and Resurrection.
- Spiritual Reading – St Isidore said: 'We are purified by and instructed by reading.'
- Smile, be happy and spread some joy.

Now I particularly like the last one, as it seem unusual for Lent. We must remember that the Christian life is the joy-filled life. Paul asked the Galatians why they had lost their joy. Joy is easily lost but can easily be regained. If we are joy, we will spread joy, and what have we to be joyful about? Everything – read Ephesians 1 or Romans 8. There is no better news! So smile for Lent and spread some joy.

But I hardly have to say that, do I?????

*[If you wish to read the full account of the 10 suggestions, order a copy of 'Bible Alive' (01782 745600)]*

My love and prayers go out to you all and especially to those who will be attending Chichester #14.

ULTREYA! **Fr Norman**

### Our Next Weekends

#14 March 1 – 4 2007  
#16 April 3 - 6 2008

#15 September 13 – 16 2007  
#17 September 11 - 14 2008

### Dates for your diary 2007

Saturday 28<sup>th</sup> April AGM & Ultreya, St Symphorian's, Durrington  
Saturday 7<sup>th</sup> July Picnic - Latchetts, Danehill

Saturday 1<sup>st</sup> September - Ultreya GB - Canterbury  
Saturday 13<sup>th</sup> October Ultreya - St Luke's, Stone Cross

### YOUR SECRETARIAT

**Lay Director** Mark Lumley 01903 502119  
**Secretary** Julian Slotema 01243 779557  
**Booking Secretary** Anne Moran 01903 690216  
**Fourth Day Rep** Les Rhodes 01243 527217  
**Weekend Rep** Susan Maund 01903 242105

**Spiritual Director** Revd. Norman Taylor 01903 693499  
**Treasurer** Andrew Meredith 01403 733519  
**Palanca Rep** Yvonne Austin 01903 267719  
**BACC Rep** Norman Horsley 01903 690311  
**Publications Rep** Jane Lumley (T-shirts) 01903 502119